

FIRST AID & CPR

Subject Title	: FIRST AID & CPR
Duration	: 13 – 24 Months
Total Hours	: 30
Theory	: 10 Hours
Practical	: 20 Hours
Lecture + Practical	: 1 Hour / Week
Method of Assessment	: Written, Oral, Practical

Course Description

At the completion of this course the student of First Aid and CPR must be able to identify and manage situation of common emergencies.

1. Importance of First Aid in Physiotherapy.
2. Examination of Vital Signs
3. First Aid in cardiac arrest.
4. First Aid in Respiratory failure.
5. First Aid in Burns.
6. First Aid in Electric shock.
7. First Aid in Drowning.
8. First Aid in Spinal cord injuries.
9. First Aid in Hypovolemic Shock.
10. First Aid in Poisoning
11. Instrumentation used in First Aid (First Aid kit).
12. First Aid in RTA.
13. Indication of CPR.
14. Assessment and technique of CPR.
15. Artificial ventilation.

Recommended Textbooks

1. *First aid in emergency – St-john. Ambulance Association.*
2. *Physiotherapy for burns & Reconstruction – Glassey.*
3. *Surgical & Medical Procedures for Nurses & Paramedical staff – Nathan.*
4. *First aid & management of general injuries & common ailments-Gupta & Gupta*